

UNLOCKING YOUR TRUE POTENTIAL DURING RAMAḌĀN

A 30-Day Journey Through Qur'ānic Guidance
and Prophetic Wisdom

By Mufti Sufyan Khapi

MY ISLAAM
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Unlocking Your True Potential During Ramaḍān

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and Prophetic Wisdom**

By Mufti Sufyan Khapi

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MY ISLAAM
PUBLICATIONS

Unlock your true potential this Ramaḍān

- Embrace it • Make it productive • Maximise every good deed
- Sharpen your focus • Deepen your connection with Allāh
- Make every moment truly fulfilling • Transform yourself

Mufti Sufyan

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"Make the most of this blessed month of Ramaḍān. Do not be deceived into thinking that you have 29 or 30 days to do good, giving you plenty of time. Take advantage of every moment and strive from now."

Mufti Sufyan

Introduction



In the name of Allāh, the Most Compassionate, the Most Merciful,

All praise belongs to Allāh, the Lord who has guided us by granting us the much-needed divine training of Ramaḍān. Peace, blessings and salutations be upon the best of Prophets and Messengers, who showed us how to truly unlock our potential during Ramaḍān.

During Ramaḍān 1446 AH (February/March 2025), I began preparing daily quotes reflecting on the lessons and personal insights that Ramaḍān teaches us. These daily quotes were the result of my own journey to find deeper meaning in Ramaḍān. I was mindful not to make the quotes too lengthy, so as not to overburden anyone who might benefit from them. I would share these reflections with my associates each day. On occasions where I missed or delayed sending a quote due to Ramaḍān-related commitments, I began receiving messages asking why the quote had not been sent and requesting that I continue. I was heartened to learn that people were genuinely benefiting from the quotes, and this encouragement motivated me to then stay consistent in sharing them daily. My hope was that these quotes will inspire others to embark on a similar path of spiritual growth.

A total of 30 quotes were prepared, each containing lessons and reflections related to Ramaḍān. I later decided to compile these quotes and enrich them by pairing each one with verses from the Qurʾān and narrations from aḥādīth, followed by reflective insights. This collection has now been presented in the form of this book, *Unlocking Your True Potential During Ramaḍān: A 30-Day Journey Through Qurʾānic Guidance and Prophetic Wisdom*, for the benefit of all.

I encourage you to reflect upon these lessons, share them with others and implement the teachings into your daily life as a means of drawing nearer to Allāh.

As you read through these reflections, I invite you to pause and truly reflect on how each lesson can transform your own connection to Allāh and guide you towards personal growth.

As a suggestion, each reflection and lesson can be read daily, either in the month leading up to Ramaḍān or during Ramaḍān itself. Imāms and teachers may also find it beneficial to share these reflections with their congregations or students, using them as brief reminders before or during the blessed month.

I am grateful for the encouragement and feedback I received from family and friends.

I sincerely pray that these reflections serve as a means of spiritual growth, inspiration and transformation for all who read them. May they help unlock the hidden potential within each of us and bring us closer to Allāh during this blessed month. May Allāh accept our efforts, purify our intentions and allow Ramaḍān to be a turning point in our lives. May Allāh accept this work, forgive all of our sins and grant us all Jannat al-Firdaws. Āmīn.

Sufyan Khapi,

4th Shawwāl 1446 AH,

3rd April 2025 CE,



"Embrace Ramaḍān with pure intentions and a sincere heart. This is a new beginning and a fresh start to self-improve, transform and gain nearness to Allāh."

Mufti Sufyan

Ramaḍān Day 1

Do Good with Sincerity

"Genuine sincerity is crucial for the acceptance of any good deed.
Use Ramaḍān to your advantage to strengthen that sincerity by
allowing it to guide you in every act of devotion."

Qur'ān:

قُلْ إِنِّي أُمِرْتُ أَنْ أَعْبُدَ اللَّهَ مُخْلِصًا لَهُ الدِّينَ.

Say, "I have been commanded to worship Allāh, being sincerely
devoted to Him." (Sūrah Az-Zumar, 39:11)

Ḥadīth:

إِنَّ اللَّهَ لَا يَقْبَلُ مِنَ الْعَمَلِ إِلَّا مَا كَانَ لَهُ خَالِصًا وَابْتِغَايَ بِهِ وَجْهَهُ.

"Indeed, Allāh does not accept any deed except that which is done
sincerely [for Him] and seeking His countenance."
(An-Nasā'ī, Ḥadīth 3140)

Reflections:

The Qur'ānic verse highlights the importance of sincerity (ikhlās) in worship, which is the foundation of all accepted good deeds. It serves as a reminder that your devotion in Ramaḍān should be purely for the sake of Allāh. Strengthening sincerity in this blessed month ensures that every act of worship is meaningful and accepted.

The ḥadīth emphasises that sincerity is a crucial condition for the acceptance of any good deed. Ramaḍān is the perfect time to purify your intentions, ensuring that every act of devotion is done purely for the sake of Allāh.

Ramaḍān Day 2

Develop Taqwā

"Ramaḍān is a time to develop taqwā—mindfulness and consciousness of Allāh. It means being constantly aware of His presence in both thoughts and actions. Cultivate taqwā in every moment to purify your heart and strengthen your connection with Allāh."

Qur'ān:

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ.

"O believers, fasting has been prescribed for you as it was prescribed for those before you, so that you may attain taqwā."

(Sūrah Al-Baqarah, 2:183)

Ḥadīth:

التَّقْوَى هَاهُنَا، (وَيُشِيرُ إِلَى صَدْرِهِ ثَلَاثَ مَرَّاتٍ).

"Taqwā is here" (and the Prophet ﷺ pointed to his chest three times).

(Muslim, Ḥadīth 2564)

Reflections:

The Qur'ānic verse directly connects fasting in Ramaḍān to developing taqwā, a deep consciousness and mindfulness of Allāh. It reminds you that the purpose of fasting is not just about abstaining from food, drink and desires, but also about cultivating spiritual awareness, self-restraint and a closer connection with Allāh in every aspect of life.

The ḥadīth highlights that taqwā is an internal state of the heart being constantly mindful of Allāh in thoughts, feelings and actions. Ramaḍān is the perfect time to nurture and strengthen this mindfulness, purifying the heart and deepening your connection with Allāh.

Ramaḍān Day 3

Soften the Heart

"Ramaḍān helps soften the heart. Use this blessed month to remove hardness from your heart and fill it with compassion and humility. A softened heart is more receptive to guidance and mercy."

Qur'ān:

اللَّهُ نَزَّلَ أَحْسَنَ الْحَدِيثِ كِتَابًا مُتَشَابِهًا مَثَانٍ. تَقْشَعُرُ مِنْهُ جُلُودُ الَّذِينَ يَخْشَوْنَ رَبَّهُمْ
ثُمَّ تَلِينُ جُلُودُهُمْ وَقُلُوبُهُمْ إِلَى ذِكْرِ اللَّهِ. ذَلِكَ هُدَى اللَّهِ يَهْدِي بِهِ مَنْ يَشَاءُ.

"Allāh has sent down the best message, a consistent Book of repeated lessons which causes the skins of those who fear their Lord to shiver. Then their skins and hearts soften at the mention of Allāh. That is the guidance of Allāh, through which He guides whoever He wills." (Sūrah Az-Zumar, 39:23)

Ḥadīth:

مَنْ يُحْرِمِ الرُّفْقَ يُحْرِمِ الْخَيْرَ.

"Whoever is deprived of gentleness is deprived of goodness."
(Muslim, Ḥadīth 2592)

Reflections:

The Qur'ānic verse beautifully describes how the Qur'ān and the mention of Allāh have the power to soften hearts. Ramaḍān is the perfect time for this transformation as fasting, prayer, charity, the Qur'ān and the mention of Allāh help break away hardness and replace it with sincerity, humility and softness. True humility, mercy and compassion come from being deeply connected to Allāh's guidance, making your heart more receptive to His mercy.

The ḥadīth links gentleness with goodness. Ramaḍān is the ideal time to practice this, nurturing qualities such as generosity, empathy, and self-reflection, which will help soften the heart and replace hardness with mercy and compassion.

Ramaḍān Day 4

Be a Source of Goodness

"Ramaḍān is a powerhouse. It teaches you to be a source of goodness and compassion. Even small acts of kindness can lead to great rewards."

Qur'ān:

فَمَنْ يَعْمَلْ مِثْقَالَ ذَرَّةٍ خَيْرًا يَرَهُ.

"So whoever does an atom's weight of good will see it."
(Sūrah Az-Zalzalah, 99:7)

Ḥadīth:

لَا تَحْقِرَنَّ مِنَ الْمَعْرُوفِ شَيْئًا وَلَوْ أَنَّ تَلَقَّى أَخَاكَ بِوَجْهِ طَلْقٍ.

"Do not belittle any good deed, even if it is meeting your brother with a cheerful face." (Muslim, Ḥadīth 2626)

Reflections:

The Qur'ānic verse emphasises that no act of goodness is too small in the sight of Allāh. Ramaḍān is a time when even the smallest deeds, like a kind word, a smile, or sharing food, carry immense rewards. It reminds you to be a continuous source of goodness and compassion, as every good action counts.

The ḥadīth highlights that even small acts of kindness, such as a smile or a kind gesture, hold great value. Ramaḍān is the perfect time to spread goodness and compassion, as every sincere act is multiplied in reward.

Ramaḍān Day 5

Seek Divine Guidance

"Ramaḍān is the month of divine guidance. Embrace the divine training it offers and ask Allāh to guide you on the Straight Path in all aspects of your life. This path is the one that leads to ultimate success."

Qur'ān:

شَهْرُ رَمَضَانَ الَّذِي أُنْزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَىٰ وَالْفُرْقَانِ.

"Ramaḍān is the month in which the Qur'ān was revealed as a guide for humanity with clear proofs of guidance and the decisive authority between right and wrong."
(Sūrah Al-Baqarah, 2:185)

Ḥadīth:

اَللّٰهُمَّ اهْدِنِيْ لِاَحْسَنِ الْاَعْمَالِ وَاَحْسَنِ الْاَخْلَاقِ، لَا يَهْدِيْ لِاَحْسَنِهَا اِلَّا اَنْتَ.

"O Allāh, guide me to the best of deeds and the best of character, for none can guide to the best of it but You." (An-Nasā'ī, Ḥadīth 896)

Reflections:

The Qur'ānic verse suggests that Ramaḍān is the month of divine guidance because it is when the Qur'ān was revealed: a source of direction, wisdom and distinction between right and wrong. It reminds you to embrace this sacred training period, seek guidance from Allāh and follow this Straight Path to achieve ultimate success.

The ḥadīth reflects the essence of seeking divine guidance and asking Allāh to guide you on the Straight Path. It highlights the importance of asking for guidance in all aspects of life to attain true success. Ramaḍān is the perfect time to seek this divine guidance and stay steadfast on it as it is the month of divine guidance.

Ramaḍān Day 6

Increase in Gratitude

"Ramaḍān highlights the importance of gratitude. Be grateful to Allāh for all that He has given you, for gratitude increases blessings."

Qur'ān:

لَئِنْ شَكَرْتُمْ لَأَزِيدَنَّكُمْ وَلَئِنْ كَفَرْتُمْ إِنَّ عَذَابِي لَشَدِيدٌ.

"If you are grateful, I will certainly give you more. But if you are ungrateful, then indeed My punishment is severe." (Sūrah Ibrāhīm, 14:7)

Ḥadīth:

الطَّاعِمُ الشَّاكِرُ مِثْلُ الصَّائِمِ الصَّابِرِ.

"The one who eats and is grateful is like the one who fasts and is patient." (Tirmidhī, Ḥadīth 2486)

Reflections:

This Qur'ānic verse emphasises the powerful connection between gratitude (shukr) and the increase in blessings from Allāh. Ramaḍān is a time to reflect on the countless blessings Allāh has bestowed upon you and to express sincere gratitude. Gratefulness leads to more divine blessings, especially when you show it through your worship, actions and reliance on Allāh.

The ḥadīth directly links gratitude with fasting, strengthening the message that thankfulness increases one's spiritual rank. Ramaḍān is an opportunity to reflect on even the smallest of blessings, fostering a deeper sense of thankfulness to Allāh, which ultimately leads to more blessings.



Ramaḍān Day 7

Strengthen Your Īmān

"Ramaḍān has come to strengthen your īmān (faith). Make the most of this divine training to fortify it. Ask Allāh to strengthen your īmān and keep your heart firm. Strong īmān is a shield against hardships, difficulties and sins."

Qur'ān:

إِنَّمَا الْمُؤْمِنُونَ الَّذِينَ إِذَا ذُكِرَ اللَّهُ وَجِلَتْ قُلُوبُهُمْ وَإِذَا تُلِيَتْ عَلَيْهِمْ آيَاتُهُ زَادَتْهُمْ إِيمَانًا وَعَلَىٰ رَبِّهِمْ يَتَوَكَّلُونَ.

"Certainly, the [true] believers are those whose hearts tremble when Allāh is mentioned, and whose faith increases when His verses are recited to them, and who put their trust in their Lord." (Sūrah Al-Anfāl, 8:2)

Ḥadīth:

الْمُؤْمِنُ الْقَوِيُّ خَيْرٌ وَأَحَبُّ إِلَى اللَّهِ مِنَ الْمُؤْمِنِ الضَّعِيفِ وَفِي كُلِّ خَيْرٍ.

"The strong believer is better and more beloved to Allāh than the weak believer, while there is good in both." (Muslim, Ḥadīth 2664)

Reflections:

The Qur'ānic verse highlights how the true believers' hearts tremble and are strengthened when they remember Allāh and when the Qur'ān is recited. Ramaḍān is a time when faith is nurtured through worship, reflection and remembrance of Allāh. It fortifies the heart, making it resilient against hardships and sins.

The ḥadīth highlights the importance of strengthening one's faith (īmān) and becoming resilient in faith. A strong believer is not only spiritually steadfast but also able to overcome challenges and remain firm in devotion to Allāh. Ramaḍān offers an opportunity to cultivate this strength through acts of worship, reflection and reliance on Allāh. It provides a unique opportunity to fortify your faith by turning to Allāh and asking for strength, guidance and steadfastness.

Ramaḍān Day 8

Seek Blessings

"Ramaḍān is a month of barakah (blessings). Use your time wisely to maximise its rewards. Ask Allāh to bless your time so you can worship Him more. The blessings of Ramaḍān are unmatched and truly transformative."

Qur'ān:

مَثَلُ الَّذِينَ يُنْفِقُونَ أَمْوَالَهُمْ فِي سَبِيلِ اللَّهِ كَمَثَلِ حَبَّةٍ أَكْبَتْتَ سَبْعَ سَنَابِلَ فِي كُلِّ سُنبُلَةٍ مِائَةٌ حَبَّةٌ وَاللَّهُ يُضَاعِفُ لِمَنْ يَشَاءُ .

"The example of those who spend their wealth in the cause of Allāh is like that of a grain that sprouts into seven ears, each bearing one hundred grains. And Allāh multiplies [the reward even more] for whom He wills." (Sūrah Al-Baqarah, 2:261)

Ḥadīth:

إِذَا دَخَلَ شَهْرُ رَمَضَانَ فَتُحْتَفَتُ أَبْوَابُ السَّمَاءِ وَغُلِّقَتْ أَبْوَابُ جَهَنَّمَ وَسُلْسِلَتِ الشَّيَاطِينُ.

"When the month of Ramaḍān begins, the gates of Paradise are opened, the gates of Hell are closed and the devils are chained." (Bukhārī, Ḥadīth 1899)

Reflections:

The Qur'ānic verse emphasises how acts of charity and devotion in the way of Allāh are multiplied in reward. Ramaḍān is a time of immense blessings, where Allāh's blessings and mercies are abundant, and the rewards for good deeds are magnified. It's a transformative month, offering unparalleled and unmatched opportunities to earn His mercy, blessings and rewards.

The ḥadīth reflects the abundant blessings of Ramaḍān. During this sacred month, Allāh's mercy is magnified, and the opportunity for spiritual growth and rewards is incomparable. It is a time when you are given special access to divine mercy and guidance.



Ramaḍān Day 9

Immerse Yourself in His Mercy

"Ramaḍān is a month when Allāh's mercy is in full flow. Seize this opportunity to immerse yourself in it by turning to Him at every moment and asking Him to envelop you in His mercy. Do not let this special mercy of Ramaḍān pass you by."

Qur'ān:

وَرَحْمَتِي وَسِعَتْ كُلَّ شَيْءٍ.

"My mercy encompasses everything." (Sūrah Al-A'rāf, 7:156)

Ḥadīth:

إِذَا كَانَ أَوَّلُ لَيْلَةٍ مِنْ شَهْرِ رَمَضَانَ صُفِّدَتِ الشَّيَاطِينُ وَمَرَدَةُ الْجِنِّ وَغُلِّقَتْ أَبْوَابُ النَّارِ فَلَمْ يُفْتَحْ مِنْهَا بَابٌ وَفُتِّحَتْ أَبْوَابُ الْجَنَّةِ فَلَمْ يُغْلَقْ مِنْهَا بَابٌ وَيُنَادِي مُنَادٍ يَا بَاغِيَ الْخَيْرِ أَقْبِلْ وَيَا بَاغِيَ الشَّرِّ أَقْصِرْ وَلِلَّهِ عِتْقَاءُ مِنَ النَّارِ وَذَلِكَ كُلُّ لَيْلَةٍ.

"When the first night of Ramaḍān arrives, the devils are chained and the jinns are restrained, the gates of Hellfire are closed and none of its gates are opened, and the gates of Paradise are opened and none of its gates are closed. A caller calls: 'O seeker of good, come near! O seeker of evil, desist! Allāh has those whom He saves from the Hellfire, and that is every night.'" (Tirmidhī, Ḥadīth 682)

Reflections:

This Qur'ānic verse directly mentions Allāh's mercy, which encompasses everything. Ramaḍān is a time when Allāh's mercy is most abundant and in full flow, an ideal opportunity to sincerely seek and ask for His mercy and forgiveness.

The ḥadīth highlights the abundance of Allāh's mercy during Ramaḍān. The gates of Paradise are opened, offering you plentiful opportunities to earn His mercy and rewards, while the gates of Hellfire are closed and the devils are chained, allowing spiritual growth and closeness to Allāh. It is a time to immerse in His mercy, seek His forgiveness and make the most of this blessed month.

Ramaḍān Day 10

Seek Forgiveness

"Ramaḍān is the month of forgiveness. Sincerely ask Allāh to forgive your sins and purify your heart. Do not overlook the power of forgiveness in this blessed month."

Qur'ān:

وَسَارِعُوا إِلَى مَغْفِرَةٍ مِّن رَّبِّكُمْ وَجَنَّةٍ عَرْضُهَا السَّمُوتُ وَالْأَرْضُ ۖ أُعِدَّتْ لِلْمُتَّقِينَ.

"And hasten towards forgiveness from your Lord and a Paradise as wide as the heavens and the earth, prepared for the righteous."
(Sūrah Āli-'Imrān, 3:133)

Ḥadīth:

رَغِمَ أَنْفُ رَجُلٍ دَخَلَ عَلَيْهِ رَمَضَانُ ثُمَّ انْسَلَخَ قَبْلَ أَنْ يُغْفَرَ لَهُ.

"May a man upon whom Ramaḍān enters and then passes before he is forgiven, be humiliated." (Tirmidhī, Ḥadīth 3545)

Reflections:

The Qur'ānic verse urges to actively seek Allāh's forgiveness, which aligns perfectly with Ramaḍān being the month of forgiveness, when His mercy and forgiveness are at their peak. You should be reassured that no sin is too great for Allāh's forgiveness, and that Ramaḍān is the best time to purify the heart through sincere repentance. The reward for sincere repentance is Jannah, a Paradise beyond imagination.

The ḥadīth serves as a warning to those who overlook the power of forgiveness in Ramaḍān, a time when forgiveness is made especially accessible. It therefore becomes imperative to seek forgiveness sincerely before it is too late, lest you fall under the severe warning mentioned in this ḥadīth.

Ramaḍān Day 11

Avoid Sins

"Ramaḍān is the month of divine mercy. Avoid sins at all costs and ask Allāh to protect you from falling into their trap. Sins obstruct you from His mercy."

Qur'ān:

وَلَا تُفْسِدُوا فِي الْأَرْضِ بَعْدَ إِصْلَاحِهَا وَادْعُوهُ خَوْفًا وَطَمَعًا إِنَّ رَحْمَتَ اللَّهِ قَرِيبٌ مِّنَ الْمُحْسِنِينَ.

"Do not cause corruption in the earth after it has been set in order. Supplicate to Him in fear and hope. Indeed, Allāh's mercy is close to those who do good."
(Sūrah Al-A'rāf, 7:56)

Ḥadīth:

مَنْ لَمْ يَدَعْ قَوْلَ الزُّورِ وَالْعَمَلَ بِهِ فَلَيْسَ لِلَّهِ حَاجَةٌ فِي أَنْ يَدَعَ طَعَامَهُ وَشَرَابَهُ.

"Whoever does not give up evil words and evil actions, Allāh is not in need of him leaving his food and drink." (Bukhārī, Ḥadīth 1903)

Reflections:

The Qur'ānic verse emphasises that Allāh's mercy is close to those who do good and avoid sin, aligning perfectly with Ramaḍān's purpose of seeking divine mercy through worship, repentance, and righteous actions. It also serves as a reminder that sins can distance you from Allāh's mercy, making it crucial to avoid them.

The ḥadīth highlights that fasting in Ramaḍān is not just about abstaining from food and drink but also from sins. To fully receive Allāh's mercy, you must avoid sinful actions, as they act as barriers to divine blessings.

Ramaḍān Day 12

Do Good Deeds Abundantly

"Ramaḍān is the month to multiply your good deeds. Push yourself to your limits and ask Allāh to grant you divine facilitation in carrying out good deeds. The successful ones will be those whose scales are heavy with good deeds on the Day of Judgement."

Qur'ān:

وَالْوِزْنُ يَوْمَئِذٍ الْحَقُّ ۖ فَمَنْ ثَقُلَتْ مَوَازِينُهُ فَأُولَٰئِكَ هُمُ الْمُفْلِحُونَ. وَمَنْ خَفَّتْ مَوَازِينُهُ فَأُولَٰئِكَ الَّذِينَ خَسِرُوا أَنفُسَهُمْ ۖ مَا كَانُوا بِآيَاتِنَا يَتَذَكَّرُونَ.

"The weighing [of deeds] on that Day will be true. As for those whose scales are heavy [with good deeds], they will be the successful ones. But those whose scales are light, they have doomed themselves for what injustice they were doing towards Our signs."

(Sūrah Al-A'rāf, 7:8-9)

Ḥadīth:

كُلُّ عَمَلِ ابْنِ آدَمَ يُضَاعَفُ الْحَسَنَةُ عَشْرًا أَمْثَالِهَا إِلَى سَبْعِمِائَةٍ ضِعْفٍ
قَالَ اللَّهُ عَزَّ وَجَلَّ إِلَّا الصَّوْمَ فَإِنَّهُ لِي وَأَنَا أَجْزِي بِهِ.

"Every [good] deed of the son of Adam is multiplied from ten to seven hundred times. Allāh the Exalted says: Except for fasting, for it is done for My sake and I will reward it." (Muslim, Ḥadīth 1151)

Reflections:

The Qur'ānic verses can be connected to Ramaḍān, as it reminds you that the key to success in the Hereafter is having heavy scales filled with good deeds. Since Ramaḍān is a time when good deeds are multiplied, it is the best opportunity to increase in worship, charity, and righteousness to ensure weighty scales and thus success on the Day of Judgment.

This ḥadīth resonates with Ramaḍān by highlighting the unique and immense reward of fasting. It reminds you that Ramaḍān is the best time to strive in good deeds, as rewards are multiplied many times over. If you seize this opportunity, you will find your scales heavy with good deeds on the Day of Judgement.

Ramaḍān Day 13

Be Steadfast

"Ramaḍān teaches you the importance of steadfastness. Strive to perform good deeds until your last breath while maintaining a strong connection with Allāh and asking Him to keep you steadfast. Steadfastness is the stairway to success."

Qur'ān:

إِنَّ الَّذِينَ قَالُوا رَبُّنَا اللَّهُ ثُمَّ اسْتَقَامُوا تَتَنَزَّلُ عَلَيْهِمُ الْمَلَائِكَةُ أَلَّا تَخَافُوا وَلَا تَحْزَنُوا
وَأَبْشِرُوا بِالْجَنَّةِ الَّتِي كُنتُمْ تُوعَدُونَ.

"Indeed, those who say, 'Our Lord is Allāh' and then remain steadfast, the angels descend upon them [saying], 'Do not fear, nor grieve. Rather, rejoice in the good news of Paradise, which you have been promised.'"

(Sūrah Fuṣṣilat, 41:30)

Ḥadīth:

أَحَبُّ الْأَعْمَالِ إِلَى اللَّهِ تَعَالَى أَدْوُمُهَا وَإِنْ قَلَّ.

"The acts most pleasing to Allāh are those which are done continuously, even if they are small." (Muslim, Ḥadīth 783)

Reflections:

The Qur'ānic verse beautifully connects to Ramaḍān's role in teaching steadfastness, as it reassures that those who remain committed to their faith and good deeds will be blessed with divine support and the promise of Paradise.

The ḥadīth emphasises steadfastness in good deeds, no matter how small, as long as they are done consistently. It aligns beautifully with the idea of Ramaḍān being a time to commit to continuous worship and righteous deeds that carry immense reward, even if they are modest in size. It also ties in with the concept that the successful ones are those who continue to do good, striving for consistency until their last breath.

Ramaḍān Day 14

Spiritually Recharge Yourself

"Ramaḍān is like a charger. If you fully recharge your spirituality and strengthen your connection with Allāh, it will sustain you for the next eleven months. Otherwise, you may experience spiritual decline."

Qur'ān:

شَهْرُ رَمَضَانَ الَّذِي أُنْزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَى وَالْفُرْقَانِ ۚ فَمَن شَهِدَ مِنْكُمُ الشَّهْرَ فَلْيَصُمْهُ ۖ وَمَن كَانَ مَرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ ۗ يُرِيدُ اللَّهُ بِكُمُ الْيُسْرَ وَلَا يُرِيدُ بِكُمُ الْعُسْرَ وَلِتُكْمِلُوا الْعِدَّةَ وَلِتُكَبِّرُوا اللَّهَ عَلَى مَا هَدَيْكُم وَلَعَلَّكُمْ تَشْكُرُونَ

"Ramaḍān is the month in which the Qur'ān was revealed as guidance for humanity and as clear signs of guidance and criterion. So those of you who witness [the new moon of] the month, must fast in it; and whoever is ill or on a journey, then [he should fast] a number of other days. Allāh intends ease for you and does not intend hardship for you, so that you to complete the prescribed period and to glorify Allāh for that to which He has guided you, and so that you may be grateful."

(Sūrah Al-Baqarah, 2:185)

Ḥadīth:

مَنْ صَامَ رَمَضَانَ إِيمَانًا وَاجْتِسَابًا غُفِرَ لَهُ مَا تَقَدَّمَ مِنْ ذَنْبِهِ.

"Whoever fasts Ramaḍān with faith and seeking reward, his previous sins will be forgiven." (Bukhārī, Ḥadīth 1901)

Reflections:

The Qur'ānic verse highlights Ramaḍān as a time for spiritual rejuvenation and guidance, encouraging you to strengthen your connection with Allāh and complete your fast as an act of devotion. Just as a charger restores energy, Ramaḍān acts as a spiritual recharge, helping you sustain your worship and gratitude for the coming months.

The ḥadīth beautifully connects to the idea of Ramaḍān being a time for spiritual rejuvenation, where fasting and sincere worship recharge your faith and forgive past shortcomings, empowering you to sustain and strengthen your connection with Allāh in the coming months.

Ramaḍān Day 15

Reflect, Introspect and Examine

"Ramaḍān is a month of spiritual reflection. Take a moment to introspect and examine your intentions and actions, assessing whether they lead to inner purity and closeness to Allāh. Self-accountability is essential for spiritual growth."

Qur'ān:

إِنَّ اللَّهَ لَا يُغَيِّرُ مَا بِقَوْمٍ حَتَّى يُغَيِّرُوا مَا بِأَنْفُسِهِمْ.

"Indeed, Allāh does not change the condition of a people until they change themselves." (Sūrah Ar-Ra'd, 13:11)

Ḥadīth:

الْكَيِّسُ مَنْ دَانَ نَفْسَهُ وَعَمِلَ لِمَا بَعْدَ الْمَوْتِ.

"Wise is he who holds himself accountable and works for what comes after death." (Tirmidhī, Ḥadīth 2459)

Reflections:

The Qur'ānic verse calls to self-reflection and accountability, urging you to examine your deeds, intentions, and spiritual state. It serves as a reminder that the journey to Allāh requires constant evaluation.

The ḥadīth echoes this call to introspection and striving for spiritual growth. What better month to cement this than Ramaḍān? It reminds you that true wisdom lies in self-accountability and preparation for the Hereafter, precisely the spirit of Ramaḍān: pausing, reflecting, and purifying the soul.

Ramaḍān Day 16

Be Selfless

"Ramaḍān teaches you the lesson of selflessness. Do not just think about yourself, forgetting others—especially the poor, needy and oppressed. Be charitable by helping them in whatever way you can, and keep them in your du‘ās. If you help others, Allāh will help you."

Qur’ān:

وَأَنْفِقُوا فِي سَبِيلِ اللَّهِ وَلَا تُلْقُوا بِأَيْدِيكُمْ إِلَى التَّهْلُكَةِ ۚ وَأَحْسِنُوا ۚ إِنَّ اللَّهَ يُحِبُّ الْمُحْسِنِينَ.

"Spend in the cause of Allāh and do not let your own hands throw you into destruction [by withholding]. And do good, for Allāh certainly loves those who do good." (Sūrah Al-Baqarah, 2:195)

Ḥadīth:

وَاللَّهُ فِي عَوْنِ الْعَبْدِ مَا كَانَ الْعَبْدُ فِي عَوْنِ أَخِيهِ.

"Allāh helps the servant as long as he helps his brother."
(Muslim, Ḥadīth 2459)

Reflections:

The Qur’ānic verse is concise yet powerful, calling you to rise beyond the self by showing kindness, generosity, and care for others, an essential lesson of Ramaḍān. It reminds you that in giving, you grow; in caring, you connect. Whether feeding the hungry, easing another’s burden, or making quiet du‘ā, these acts reflect excellence (iḥsān) and never go unnoticed. Allāh loves those who do good, not only in belief, but in action. Let Ramaḍān be a training ground for compassion that endures beyond the month.

The ḥadīth reminds you that divine help is closely tied to your compassion and service to others. Every moment spent supporting another soul in need is a moment drawing Allāh’s support closer to you. What better time than Ramaḍān to embody this selflessness? Ramaḍān is not just about personal growth, but about lifting others as you rise.

Ramaḍān Day 17

Submit to Allāh

"Ramaḍān emphasises the importance of submission. Be a true servant of Allāh by devoting yourself completely to Him. True success lies in full submission to Allāh."

Qur'ān:

قُلْ إِنَّ صَلَاتِي وَنُسُكِي وَمَحْيَايَ وَمَمَاتِي لِلَّهِ رَبِّ الْعَالَمِينَ. لَا شَرِيكَ لَهُ وَبِذَلِكَ أُمِرْتُ وَأَنَا أَوَّلُ الْمُسْلِمِينَ.

"Say, 'Indeed my prayer, my sacrifice, my life, and my death are all for Allāh—Lord of all worlds. He has no partner. And thus I have been commanded, and I am the first one to submit.'" (Sūrah Al-An'ām, 6:162-163)

Ḥadīth:

كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ يَقُولُ: اللَّهُمَّ لَكَ أَسْلَمْتُ.

The Messenger of Allāh (Allāh's peace and blessings be upon him) used to say: "O Allāh, to You I have submitted..." (Bukhārī, Ḥadīth 6317)

Reflections:

This Qur'ānic verses capture the essence of complete submission to Allāh; not just in words, but through every aspect of life. In Ramaḍān, your fasting, worship, patience, and sacrifices are all acts of surrender to your Creator. It is an opportunity to realign your intentions and live for Him alone.

The ḥadīth emphasises true submission to Allāh, both inwardly through the heart and outwardly through actions. Ramaḍān offers a time to renew this devotion, reminding you that true Islam is lived through complete submission, not merely in words, but through sincere worship and righteous deeds. Ramaḍān is the ideal opportunity to embody this devotion through obedience to Allāh.

Ramaḍān Day 18

Fulfil The Rights of the Qur'ān

"Ramaḍān is the month of the Qur'ān. Fulfil its rights by reciting it, understanding it, and most importantly, living by its teachings. If you make it your companion in this life, it will aid you in the Afterlife."

Qur'ān:

الَّذِينَ آتَيْنَاهُمُ الْكِتَابَ يَتْلُونَهُ حَقَّ تِلَاوَتِهِ ۗ أُولَٰئِكَ يُؤْمِنُونَ بِهِ.

"Those to whom We have given the Book, recite it as it should be recited. They are the ones who [truly] believe in it." (Sūrah Al-Baqarah, 2:121)

Ḥadīth:

اقْرَأُوا الْقُرْآنَ فَإِنَّهُ يَأْتِي يَوْمَ الْقِيَامَةِ شَفِيعًا لِأَصْحَابِهِ.

"Recite the Qur'ān, for it will come on the Day of Resurrection as an intercessor for its companions." (Muslim, Ḥadīth 804)

Reflections:

The Qur'ānic verse highlights that the true believers of the Qur'ān are those who recite it as it should be recited, indicating that they honour it by reciting it, understanding its message, and living by its teachings. Only then will the Qur'ān truly be a source of help in the Afterlife. Ramaḍān, the month of the Qur'ān, is the ideal time to strengthen your connection with it and embrace its guidance.

The ḥadīth highlights that the Qur'ān will serve as an intercessor for those who honour it. With its close connection to Ramaḍān, this month offers the perfect opportunity to cultivate that honour within yourself, ensuring that your relationship with the Qur'ān is lived out in both action and intention.

Ramaḍān Day 19

Be Patient

"Ramaḍān teaches the importance of patience. Persevere in the face of adversity while remaining content with Allāh's decree. Exercise self-restraint in the face of temptation and remain steadfast in fulfilling your religious obligations. Patience is a source of spiritual illumination, and its reward is limitless."

Qur'ān:

إِنَّمَا يُؤْتِي الصَّابِرِينَ أَجْرَهُمْ بِغَيْرِ حِسَابٍ.

"Certainly, those who observe patience will be given their reward in full without limit." (Sūrah Az-Zumar, 39:10)

Ḥadīth:

الصَّبْرُ ضِيَاءٌ.

"Patience is illumination." (Muslim, Ḥadīth 223)

Reflections:

The Qur'ānic verse highlights the limitless reward for those who remain patient, whether in facing adversity, resisting temptation, or fulfilling religious duties, all of which Ramaḍān teaches and strengthens.

The ḥadīth highlights that patience illuminates your path, a quality nurtured in Ramaḍān through self-restraint from food and sin, perseverance in worship and contentment with Allāh's decree. By remaining patient, you gain spiritual clarity and divine reward.

Ramaḍān Day 20

Cherish Laylatul Qadr

"Ramaḍān teaches you to cherish Laylatul Qadr, especially in the last ten nights. Strive in worship and seek this divine night that outshines a thousand months. Stand in prayer before Allāh with firm belief and anticipation of His reward. Engage in other acts of devotion and ask Allāh for forgiveness and the blessings of this night. This is a golden opportunity to attain immense rewards in a short time."

Qur'ān:

إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ. وَمَا أَدْرَاكَ مَا لَيْلَةُ الْقَدْرِ. لَيْلَةُ الْقَدْرِ خَيْرٌ مِّنْ أَلْفِ شَهْرٍ.

"Indeed, We have sent it [the Qur'ān] down on the Night of Glory. And what will make you realise what the Night of Glory is? The Night of Glory is better than a thousand months."

(Sūrah Al-Qadr, 97:1-3)

Ḥadīth:

مَنْ قَامَ لَيْلَةَ الْقَدْرِ إِيمَانًا وَاحْتِسَابًا غُفِرَ لَهُ مَا تَقَدَّمَ مِنْ ذَنْبِهِ.

"Whoever stands in prayer during Laylatul Qadr with faith and seeking reward, his previous sins will be forgiven." (Bukhārī, Ḥadīth 1901)

Reflections:

The Qur'ānic verse highlights the immense blessings of Laylatul Qadr, a night in Ramaḍān that is better than a thousand months. It highlights the importance of striving in worship during the last ten nights, seeking the forgiveness and reward that this blessed night brings.

The ḥadīth emphasises the immense reward for those who worship Allāh sincerely during Laylatul Qadr, especially in the last ten nights of Ramaḍān, where a single night of devotion can lead to the forgiveness of sins.

Ramaḍān Day 21

Elevate Your Worship

"In the last days of Ramaḍān, elevate your worship. You are not guaranteed another Ramaḍān, so strive with sincerity and remain steadfast. Do not limit your worship to just a few selected nights. Make every moment count."

Qur'ān:

يَا أَيُّهَا الَّذِينَ آمَنُوا ارْكَعُوا وَاسْجُدُوا وَاعْبُدُوا رَبَّكُمْ وَافْعَلُوا الْخَيْرَ لَعَلَّكُمْ تُفْلِحُونَ.

"O believers, bow down, prostrate, worship your Lord and do good so that you may succeed." (Sūrah Al-Ḥajj, 22:77)

Ḥadīth:

كَانَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ إِذَا دَخَلَ الْعَشْرُ شَدَّ مِئْزَرَهُ وَأَجْيَا لَيْلَهُ وَأَيَّقُطْ أَهْلَهُ.

"When the last ten nights (of Ramaḍān) began, the Prophet ﷺ would tighten his waist belt [exert himself in worship], spend the night in worship and awaken his family." (Bukhārī, Ḥadīth 2024)

Reflections:

The Qur'ānic verse encourages you to increase in worship (rukū', sujūd, and righteous deeds) to attain true success, which is especially relevant in the final days of Ramaḍān, a time of intense devotion and seeking Allāh's mercy.

The ḥadīth highlights how the Prophet ﷺ would intensify his devotion, showing you the importance of making every moment count in these blessed nights. The last days of Ramaḍān are an opportunity to elevate your worship, knowing that each moment counts and that you are not guaranteed another Ramaḍān. Hence, worship should not be limited to a few nights but rather should be continuous and sincere.

Ramaḍān Day 22

Be Self-Disciplined

"Ramaḍān teaches you self-discipline. Stay within the boundaries set by Allāh and always prioritise His pleasure. This is the key to success."

Qur'ān:

التَّائِبُونَ الْعَبِدُونَ الْحَمِيدُونَ السَّاجِدُونَ الْكُفُّونَ الْأَمْرُونَ بِالْمَعْرُوفِ وَالنَّاهُونَ عَنِ الْمُنْكَرِ
وَالْحَافِظُونَ لِحُدُودِ اللَّهِ وَبَشِّرِ الْمُؤْمِنِينَ

"[The believers are those] who repent, who are devoted to worship, who praise [their Lord], who fast, who bow down and prostrate themselves, who encourage good and forbid evil, and who observe the limits set by Allāh. And give good news to the believers."
(Sūrah At-Tawbah, 9:112)

Ḥadīth:

إِذَا أَصْبَحَ أَحَدُكُمْ يَوْمًا صَائِمًا فَلَا يَرْفُثْ وَلَا يَجْهَلْ.

"When any one of you gets up in the morning in the state of fasting, he should neither use obscene language nor behave foolishly."
(Muslim, Ḥadīth 1151)

Reflections:

The Qur'ānic verse points to self-discipline in fulfilling Allāh's commands, and the ultimate success lies in adhering to the limits of Allāh in every aspect of life, especially in acts of worship like fasting during Ramaḍān which is a form of self-discipline meant to help you attain Allāh-consciousness (taqwā).

The ḥadīth emphasises that true fasting involves more than just refraining from food and drink; it also includes exercising self-discipline in speech and actions, ensuring that the fast is maintained with sincerity for the pleasure of Allāh.

Ramaḍān Day 23

Evaluate Your Progress

"As Ramaḍān draws to a close, take a moment to evaluate your progress. It is better late than never. Finishing strong in these final special nights is crucial. Make the most of these last moments before this blessed month departs, for how you finish is what truly matters."

Qur'ān:

وَالْعَصْرِ. إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ. إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَّصُوا بِالحَقِّ وَتَوَّصُوا بِالصَّبْرِ.

"By time, indeed, mankind is in loss, except for those who have believed and done righteous deeds and advised each other to truth and advised each other to patience." (Sūrah Al-'Aṣr, 103:1-3)

Ḥadīth:

تَحَرَّوْا لَيْلَةَ الْقَدْرِ فِي الْوَتْرِ مِنَ الْعَشْرِ الْآخِرِ مِنْ رَمَضَانَ.

"Seek Laylatul Qadr in the last ten nights of Ramaḍān, on the odd-numbered nights." (Bukhārī, Ḥadīth 2017)

Reflections:

The Qur'ānic verses underline the importance of not wasting time, making the most of it, and recognising that true success comes to those believers who complete their deeds with righteousness, truth, and patience. This is a message particularly relevant as you reflect on your progress and strive to finish strong in the last days of Ramaḍān. How you finish matters greatly, as these final moments are precious.

The ḥadīth encourages to work diligently by actively seeking the blessings of Laylatul Qadr during the last ten nights of Ramaḍān, highlighting the importance of maximising worship throughout these final days and continuing to strive in good deeds until the very end, as it is an opportunity for immense reward.

Ramaḍān Day 24

Draw on Your Inner Strength to Strive for Excellence

"Ramaḍān brings out your inner strength, helping you reach your maximum potential in devotion to Allāh. Draw on that strength and strive for excellence in your connection with Him. Ask Allāh to grant you the determination and energy to continue worship and good deeds until your last breath. The key to success lies in unwavering dedication to Allāh."

Qur'ān:

إِنَّ اللَّهَ اشْتَرَىٰ مِنَ الْمُؤْمِنِينَ أَنْفُسَهُمْ وَأَمْوَالَهُمْ بِأَنْ لَهُمُ الْجَنَّةُ. يُقَاتِلُونَ فِي سَبِيلِ اللَّهِ فَيَقْتُلُونَ وَيُقْتَلُونَ. وَعْدًا عَلَيْهِ حَقًّا فِي التَّوْرَةِ وَالْإِنْجِيلِ وَالْقُرْآنِ. وَمَنْ أَوْفَىٰ بِعَهْدِهِ مِنَ اللَّهِ فَاسْتَبْشِرُوا بِبَيْعِكُمُ الَّذِي بَايَعْتُمْ بِهِ ۚ وَذَلِكَ هُوَ الْفَوْزُ الْعَظِيمُ.

"Indeed, Allāh has purchased from the believers their lives and their wealth in exchange for Paradise. They fight in the cause of Allāh, so they kill and are killed. [It is] a promise in the Torah and the Injil and the Qur'ān. And who can be more faithful to his covenant than Allāh? So, rejoice in your transaction which you have contracted. That is the ultimate triumph." (Sūrah At-Tawbah, 9:111)

Ḥadīth:

إِنَّ اللَّهَ كَتَبَ الْإِحْسَانَ عَلَىٰ كُلِّ شَيْءٍ.

"Indeed, Allāh has prescribed excellence in everything." (Muslim, Ḥadīth 1955)

Reflections:

The Qur'ānic verse speaks of ultimate devotion and sacrifice in the cause of Allāh, calling you to excellence in fulfilling your covenant with Him. It reminds you that Paradise awaits those who dedicate their lives to seeking His pleasure, a commitment Ramaḍān strengthens by inspiring greater effort in worship and good deeds.

The ḥadīth emphasises that excellence should be a guiding principle in all your actions, including your worship and devotion to Allāh. It encourages you to strive for the highest level of sincerity and commitment in your faith. What better time than Ramaḍān to bring this excellence in your life in abundance?

Ramaḍān Day 25

Be Generous and Charitable

"Ramaḍān teaches you to be generous and charitable. Your heart should overflow with kindness, helping those in need and sharing your blessings. Ask Allāh to instil this spirit of generosity within you. Being charitable is a key to increasing wealth, blessings and prosperity."

Qur'ān:

مَثَلُ الَّذِينَ يُنْفِقُونَ أَمْوَالَهُمْ فِي سَبِيلِ اللَّهِ كَمَثَلِ حَبَّةٍ أَنْبَتَتْ سَبْعَ سَنَابِلَ فِي كُلِّ سُنبُلَةٍ مِائَةٌ حَبَّةٌ وَاللَّهُ يُضَعِفُ لِمَنْ يَشَاءُ وَاللَّهُ وَاسِعٌ عَلِيمٌ.

"The example of those who spend their wealth in the cause of Allāh is like that of a grain that sprouts into seven ears, each bearing one hundred grains. And Allāh multiplies [the reward even more] for whom He wills." (Sūrah Al-Baqarah, 2:261)

Ḥadīth:

كَانَ رَسُولُ اللَّهِ ﷺ أَجْوَدَ النَّاسِ، وَكَانَ أَجْوَدُ مَا يَكُونُ فِي رَمَضَانَ.

"The Messenger of Allāh ﷺ was the most generous of people, and he was even more generous in Ramaḍān." (Bukhārī, Ḥadīth 3220)

Reflections:

The Qur'ānic verse illustrates the immense rewards and multiplying blessings of being generous and charitable. It encourages giving in the way of Allāh with the understanding that such actions lead to greater rewards than you can imagine, symbolising how acts of charity are increased exponentially.

The ḥadīth highlights how Ramaḍān is a time for increased generosity. The Prophet Muḥammad ﷺ was already the most generous of people, but in Ramaḍān, his generosity would reach its peak. It encourages you to give abundantly, helping others and sharing your blessings.

Ramaḍān Day 26

Be Mindful of the Hereafter

"Ramaḍān teaches you to be mindful of the ākhirah (Hereafter). Prepare for the ākhirah by accumulating as many good deeds as possible and avoiding sins to escape the wrath and punishment of Allāh. Ask Him to grant you the highest levels of Jannah (Paradise) and to protect you from Jahannam (the Hellfire). Your ultimate goal in life should always be to please Allāh, as this is the path to the greatest reward—Jannah."

Qur'ān:

يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ وَلْتَنْظُرْ نَفْسٌ مَّا قَدَّمَتْ لِغَدٍ وَاتَّقُوا اللَّهَ إِنَّ اللَّهَ خَبِيرٌ بِمَا تَعْمَلُونَ.

"O believers! Be mindful of Allāh, and let every soul look to what [deeds] it has sent ahead for tomorrow, and fear Allāh. Surely, Allāh is All-Aware of what you do." (Sūrah Al-Ḥashr, 59:18)

Ḥadīth:

كُنْ فِي الدُّنْيَا كَأَنَّكَ غَرِيبٌ أَوْ عَابِرُ سَبِيلٍ.

"Be in this world as if you were a stranger or a traveller." (Bukhārī, Ḥadīth 6416)

Reflections:

The Qur'ānic verse reminds you to prepare for the Hereafter ("tomorrow") by reflecting on your deeds, ensuring that you are accumulating good actions while avoiding sins. It emphasises Allāh-consciousness (taqwā), one of the central lessons of Ramaḍān.

The ḥadīth reminds you that this world is temporary, and you should focus on preparing for the Hereafter by accumulating good deeds. Just like a traveller gathers provisions for a journey, you must gather righteous actions for your final destination—Jannah.

Ramaḍān Day 27

Love Allāh Abundantly

"Ramaḍān teaches you to love Allāh abundantly. Out of love for Him and in complete submission to Him, you remain hungry and thirsty for hours."

Qur'ān:

وَالَّذِينَ آمَنُوا أَشَدُّ حُبًّا لِلَّهِ.

"...Those who believe are stronger in love for Allāh." (Sūrah Al-Baqarah, 2:165)

Ḥadīth:

لِلصَّائِمِ فَرْحَتَانِ، فَرْحَةٌ عِنْدَ فِطْرِهِ وَفَرْحَةٌ عِنْدَ لِقَاءِ رَبِّهِ.

"The fasting person has two moments of joy: one when he breaks his fast, and one when he meets his Lord." (Muslim, Ḥadīth 1151)

Reflections:

The Qur'ānic verse highlights the deep love believers have for Allāh, reminding you that true faith is marked by unwavering devotion stronger than any worldly attachment. This is vividly reflected in Ramaḍān, when hunger, thirst, and fatigue are endured out of love for Allāh rather than mere obligation. Such acts are driven by a desire to please Him, drawing you closer through every sacrifice and act of worship. Ramaḍān is not simply about abstaining, but about intensifying love for Allāh, transforming ordinary restraint into extraordinary devotion.

The ḥadīth captures the deep connection between loving Allāh and submitting to His command by fasting sincerely for His sake, and consequently, the joy one receives both in this world and the Hereafter. Fasting is for none other than Allāh, demonstrating one's intense love for Him. Through hunger, thirst, and restraint, you show love and devotion to Him.

Ramaḍān Day 28

Find Strength and Resolve

"Ramaḍān teaches you that you are not weak. By the grace of Allāh, you find strength and resolve. Despite remaining hungry and thirsty throughout the day, you still stand to perform many rak'āts in night prayer after 'Ishā Ṣalāh."

Qur'ān:

وَالَّذِينَ جَاهَدُوا فِينَا لَنَهْدِيَنَّهُمْ سُبُلَنَا وَإِنَّ اللَّهَ لَمَعَ الْمُحْسِنِينَ.

"And those who strive for Us, We will surely guide them to Our ways. And indeed, Allāh is with the doers of good." (Sūrah Al-'Ankabūt, 29:69)

Ḥadīth:

إِنَّ اللَّهَ لَا يَنْظُرُ إِلَى صَوْرِكُمْ وَأَمْوَالِكُمْ وَلَكِنْ يَنْظُرُ إِلَى قُلُوبِكُمْ وَأَعْمَالِكُمْ.

"Indeed, Allāh does not look at your appearance or wealth, but rather He looks at your hearts and actions." (Muslim, Ḥadīth 2564)

Reflections:

The Qur'ānic verse relates to how Ramaḍān pushes you to strive through hunger, thirst, long prayers, and increased devotion. Despite physical fatigue, you persevere out of love and submission to Allāh. In return, Allāh promises guidance and His companionship. It is a beautiful reminder that your sincere effort is never wasted, especially in this blessed month.

The ḥadīth affirms the message that “You are not weak”, by demonstrating that your strength is not measured by muscles or material success, but by your ability to sincerely strive for Allāh by keeping long fasts and standing for long lengths in prayer. And it is that heart and those actions that He values the most.

Ramaḍān Day 29

Practise Islam Truthfully

"Ramaḍān teaches you as a fasting person to practise Islam truthfully. Even in private, you refrain from eating and drinking, ensuring your inward faith aligns with your outward actions."

Qur'ān:

إِنَّ الَّذِينَ يَخْشَوْنَ رَبَّهُم بِالْغَيْبِ لَهُمْ مَغْفِرَةٌ وَأَجْرٌ كَبِيرٌ.

"Indeed, those who fear their Lord though they cannot see Him will have forgiveness and a great reward." (Sūrah Al-Mulk, 67:12)

Ḥadīth:

الصَّيَّامُ جُنَّةٌ.

"Fasting is a shield." (Bukhārī, Ḥadīth 1894)

Reflections:

The Qur'ānic verse reminds you that forgiveness and a great reward are promised to those who fear their Lord unseen. When you maintain your fast in Ramaḍān with consciousness of Allāh, demonstrating your sincerity, you embody this hidden devotion, where your inward faith and outward actions are in harmony.

The ḥadīth explains that fasting acts as a shield, enabling you to remain sincere both inwardly and outwardly even when no one is watching. Fasting protects you from sin, hypocrisy and insincerity. It strengthens self-restraint and purifies the heart, revealing your genuine character as a true Muslim.

Ramaḍān Day 30

Thank Allāh for the Transformative Journey of Ramaḍān

"Ramaḍān is a life-changing month filled with blessings. Thank Allāh for granting you the opportunity to embark on this transformative journey and for the countless blessings He has showered upon you. Gratitude is the key to receiving even more blessings, strengthening one's īmān and connection with Allāh, and enriching the heart with peace and contentment."

Qur'ān:

فَاذْكُرُونِي أَذْكُرْكُمْ وَاشْكُرُوا لِي وَلَا تَكْفُرُونِ.

"Remember Me, I will remember you. And thank Me and do not be ungrateful."

(Sūrah Al-Baqarah, 2:152)

Ḥadīth:

عَجَبًا لِأَمْرِ الْمُؤْمِنِ، إِنَّ أَمْرَهُ كُلَّهُ خَيْرٌ، وَلَيْسَ ذَاكَ لِأَحَدٍ إِلَّا لِلْمُؤْمِنِ، إِنْ أَصَابَتْهُ سَرَاءٌ شَكَرَ فَكَانَ خَيْرًا لَهُ، وَإِنْ أَصَابَتْهُ ضَرَاءٌ صَبَرَ فَكَانَ خَيْرًا لَهُ.

"How wonderful is the affair of a believer! His affair is always good, and this is exclusive for a believer. If something good happens to him, and he is grateful [to Allāh], that is good for him. And if adversity befalls him, and he is patient, that is good for him."

(Muslim, Ḥadīth 2999)

Reflections:

The Qur'ānic verse beautifully emphasises that remembrance of Allāh and gratitude bring a closer connection with Him. In Ramaḍān, you are given countless blessings; the chance to worship, seek forgiveness, and transform spiritually. By being grateful, you strengthen your faith (īmān) and receive even more of Allāh's blessings and mercy.

The ḥadīth highlights that gratitude in times of ease and patience in hardship are both pathways to goodness. In Ramaḍān, you learn to be grateful for the chance to worship, seek forgiveness, and receive blessings. A truly grateful heart remains content with Allāh's decree, leading to peace, strength, and ultimate success.

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